

November 2009

PSH&TC NEWSLETTER

In Memory of Betty Ann Walsh

July 25, 1960 to October 6, 2009

Betty was known for her beautiful blue eyes, pretty hair, nice smile, and love for



sweets and fast food. Betty will be missed for her laughter, for talking us out of our food with a smile. She loved attention from staff. Staff would fix her hair, polish her fingernails, and put her make-up on. Betty was a beautiful person inside and

out. She liked listening to music, attending the music concerts in the park and at the Municipal Building.

Betty loved big hugs and little whispers in her ears. She enjoyed sitting outside watching staff plant flowers, even laughing when the wind would catch the water from the garden hose and splash on her face. Betty had a way of making our day better when things were not good. It was always that smile and quick little chuckle that would make us realize that our day isn't as bad as we thought it would be. Betty will always be part of our family. She was so loved, will be missed dearly, and will always be remembered.

Vision Statement

- People experiencing the highest quality of life regardless of the challenges.

Mission Statement

- To improve lives by connecting people with supports and services.



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Third Annual Noodle Dinner to Benefit Operation Santa

The First and Second Operation Santa Noodle Dinner Fundraisers were such a HUGE success, we are doing it again! Mark your calendar for **Wednesday, December 9th**, to get your homemade chicken and noodle dinner.

Takeout will be available all day on the south side of the cafeteria and pre-orders are welcome. Delivery will be available with orders over 10 dinners.

We have again partnered with the Parsons High School Health Science Academy students to raise money for Operation Santa. The Community Resources Team will also be joining them this year.

The Health Science Academy students learn

much through their experiences of job shadowing, guest speakers in the classroom, community projects and field trips.

Each year, the Senior Class members do a community service project. The Senior Class Members will work together to plan, promote and expedite the event. They will learn that hard work is involved when it comes to cooking!

Last year, the students raised a little over \$600 to go towards Operation Santa and are expecting to surpass that amount this year. For more information, to pre-order meals or to purchase tickets, call 620-421-6550 Ext. 1726.



Class of 2008 - "Making Noodles"

The Community Resources Team will be selling Country Mart Community CARE Coupon Books for only \$5.00 with ALL proceeds going towards Operation Santa. If you are not contacted by a Community Resources Team Member and would like to purchase a book, please contact Marlys at Ext. 1726. All coupons are valid through 07/31/10!



WHAT ARE YOU THANKFUL FOR?

At this Thanksgiving Season, let us take time to reflect on the many things to be thankful for: our jobs, our families, our homes, our friends, the freedoms that we enjoy, those who serve in the military; the list is different for each of us. May we truly be "thankful" people!

"Happy 5th Anniversary to Superintendent Dr. Jerry Rea. Can you believe it's been five years?"
11/1/04-11/1/09

PLEASE REMEMBER TO BRING

*** Country Mart Community Care Points to Marlys Shomber-Jones for resident activity expenses**

and

*** Pop Tabs to Linda Brown to benefit the Ronald McDonald house.**

(Their offices are in the Administration Building.)

Annual SACK Conference By David Smith

Three members of the STAND advocacy group collaborated with the Staff Development Department to make a presentation at the annual SACK (Self Advocates Coalition of Kansas) conference.

The presentation, entitled "R.E.S.P.E.C.T.: Find Out What It Means To Me" was presented by

John Baldwin, Kyle Barnes, Charles Burkett, Cheryl Brees, Jim Captain and David Smith. The goal of the presentation

was to teach attendees how to take a multimedia approach in teaching consumers and their support staff how to demonstrate respect toward

one another. The way that the STAND members accomplishes this is by acting out role play skits that demonstrate good and bad interactions between staff and the people that they support. Once these skits (that are on DVD) are viewed, the learners use the Respect Checklist that the residents



Charles and Kyle Summarizing Information

developed to see if the criteria for good respectful interactions was met in each skit. In the Topeka SACK conference presentation, the presenters showed how the Respect Checklist was developed and how the skits were written and filmed. Then, the audience was given the chance to create a role play and act

it out. The session was very interactive, and approximately 90 people attended. This was a very popular presentation, as it was standing room only with people lined up in the hall outside to attend.



John Baldwin Elected SACK Vice President

At the annual SACK conference, John Baldwin campaigned and won the vice president office of SACK. Kyle Barnes ran for president and area representative, losing the presidency but tying for area rep. The tie will be broken at the spring SACK quarterly meeting.

Annual Holiday Recipe Edition

We are doing it again this year! The Newsletter Committee would like to publish your Favorite Holiday Recipe(s) in the upcoming December Newsletter. We would like to have at least one recipe from each Cottage and Vocational Area! Pull out your recipe boxes and send us your best one! If

you have it typed on your computer, please e-mail to Marlys Shomber-Jones mdxxs@pshtc.ks.gov or if not, please send a copy to her at the Administration Building. All areas are encouraged to contribute. As the years progress and we have more and more recipes contributed, the newsletter committee will look

at publishing a "PSH&TC Holiday Cookbook" for everyone!

Please send your recipes by **November 20, 2009**, so they can be typed and entered into the December Newsletter. If you have any questions, please call Marlys at Ext. 1726.

November Birthdays "Have A Wonderful Birthday"



Steven B. Eric Bruner
Michael Butler
Patrick Byrnes
Stephen Carnahan
Scott C.
Vickie Cinotto
Lori Coker

Cheryl Cranor
Laura Cruse
Guyan Davis
Kimberly Dixon
William Durrett
Eric Edmond
Robbie Emery
Georgia Estep
Wm. Fausnaught
Jennifer F.
Virgil Gibson
John H.
Rebecca Haverfield
Dixie Hobson
Kellen Hodgden
Nancy Holding

Stephen Horton
Laura Hummer
John Jungles
Gail Kiser
Darren Kukovich
Matthew Leeper
Sandra McClenning
C. S. Menon
Stephen Merando
Darryl Neel
Robert Ong
Roxford Phelps
Dennis P.
Janice Porter
Rebecca Queen
Terry Ryburn

Lonnie Sailsbury
Raymond Samples
Timothy Sanders
Timothy Schuberger
Gary Sebring
Devin Shepherd
Norman Stice
Donald Thompson
Roger Thompson
Cynthia Trotnic
Joseph Vitt
LaShawn Wade
Emily Westhoff
Ginger Willis
Tonette Wilson
Robert Zimmerman



Decorating Contest

With the holiday season fast approaching, The Third Annual Cottage Christmas Decorating Contest is soon to begin. The rules for this year's contest will be the same—best resident participation, originality, creativity, under budget (\$200), and use of recycled items. Check out last year's winner! Ash Cottage used #10 can lids to make a Christmas Tree and Snowman! Call Marlys at Ext. 1726 when you have your decorating party and she will



come and take pictures! Winners will be featured in the upcoming newsletter!

Make A Difference Day Challenge Accepted!

In response to the Make a Difference Day Challenge, the Vocational department decided to do some fundraising for the local animal shelter. All week tickets for various donated gifts were sold through The Canteen. On Wednesday, October 21, we held a gourmet coffee and bake sale in The Canteen. The response was amazing! All in all we raised \$575 for the animal shelter. Here is a list of the winners in our drawing:

- Canteen \$5 gift certificates-James Fox,
- Susan Morris, and Karla Cox; To the Last
- Detail gift certificate-Marcia Dyer; Heating
- and Cooling System Check-Kathy Jo Wolf-
- ford; Toner Refill free black ink refill certifi-
- cates- Brian Collins, John Spare; Dog
- Biscuits-Susan Morris, Betty Forshey;
- Laser Designs Christmas ornaments w/
- personalized engraving-Susan Morris,
- Melissa Forbes, Renee Cosby, Janet Hur-
- ley, Karla Cox; Laser Designs crystal key-
- chain w/personalized engraving-Tracy
- Wertz, Denise Gray, Kim Ball, Denise Hill, Rashelle Walker; The Works
- gift basket- Frank Chapman; Greenhouse plant-Renee Cosby, Sheri
- Dixon; Screen Printing PSH&TC Hoodie-Kasey Wright, Tammy Auman,
- Susan Morris; Wood Shop outdoor patio table-Ron Neville, Lyle Lomas;
- \$50 gift certificate All Care Vet Clinic /Dr. Tracy Hucke- Shanon Lans-
- downe.



Sarah Stanley presenting check to Karen Jones of the Animal Shelter



Disability Employment Awareness Month

Job Fair/Business Expo By Shanon Lansdowne, Voc Dept. Director

October is Disability Employment Awareness Month and therefore time for the 2nd Annual PSH&TC Job Fair & Business Expo. Each PSH&TC vocational training site had a booth that represented the products or services they specialized in. People could sample various areas. For instance, they could put together or take apart furniture, make craft forms from paper slurry, package items, and even try wood-staining techniques.



Many resident employees were on hand to share their knowledge and skills pertaining to employment. Some areas had giveaways or drawings for prizes. This year the

new Varnishing & Staining area had small "peace" medallions for people to stain and then keep as a necklace. Class Ltd. had the most talked about giveaway this year...a purple backscratcher with their logo.

Everyone who came wanted one. Kristine Haynes from the PSH&TC HR Department and agencies from the community that provide assistance to

disabled individuals were on hand with information about living and working in the community, interviewing tips, information about properly filling out an application, as well as tips for writing a resume. Class Ltd., SRS Vocational Rehabilitation, SKIL, & One Stop Career Center-KansasWorks all

attended again this year. Folks utilizing these services and residing in the community enjoyed what the Fair had to offer and shared their experience and knowledge about community jobs.

The Assistive Technology Department joined us this year and had many examples of assistive devices and gadgets.



I would like to thank everyone who took part in the

Fair, helped to plan and organize it, attended, and supported it.

I hope everyone had a great time. See you next October!

Welcome New Employees

It's good to have the following employees with us. You are part of an organization which is proud of its accomplishments that have made PSH&TC a first-rate facility for the residents that we serve. Not only the

residents, but the well-being of our employees is important to us. "Best wishes for fulfillment in your new position at PSH&TC!"

- Trevor Bush, Temp Aspen
- Charles Henderson, Temp Laundry

- Karen Kellogg, Laundry Worker
- John Merrick, Temp Maple
- Seth Weidert, Temp Voc. Dept.
- Carl Nelson, staining & varnishing
- Amanda Ross, canteen &
- Melissa Dold, Temp Willow

"Adopt-A-Highway"
Oct. 24, 2009

Approximately 40 PSH&TC staff and residents volunteered to pick up litter south of Parsons on US Highway 59 starting at the first mile south of Labette Health on "Make A Difference Day." Thanks to everyone who worked together to give back to our community!



Campus Calendar

PARSONS STATE HOSPITAL AND TRAINING CENTER

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To view online, use the link:
http://www.pshtc.org/psh_newsletter.htm

National Diabetes Awareness Month November 2009

If you, or someone you know, suffers from diabetes and needs a blood glucose monitor, go to this website and order one for FREE!

<https://www.onetouchgold.com/simplestart/>

- 11/1 Daylight Saving Time Ends
- 11/3 Election Day
- 11/5 Adult Self-Advocacy Mtg., 3:30 PM, Cafeteria
- 11/8-14 Radiologic Technology Week
- 11/11 Veterans Day
- 11/19 Great American Smokeout
- 11/20-21 SE Fall Sports Classic—Kansas City
- 11/25-29 Endowment Bus—Kansas City & Wichita
- 11/26 Thanksgiving Day
- 12/3 Adult Self-Advocacy Mtg., 3:30 PM, Cafeteria
- 12/9 Special Olympics Christmas Dance—Pittsburg
- 12/23-27 Endowment Bus—Kansas City & Wichita
- 12/25 Christmas



"Where people come first!"



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